

Giải SBT Tiếng Anh lớp 7 Unit 10: Health and hygiene**A. Personal hygiene (Bài 1-5 trang 89-91 SBT Tiếng Anh 7)**

1. (trang 89 SBT Tiếng Anh 7): Write the sentences. What did Nam do yesterday?

- a. He washed his face.
- b. He ate some biscuits and drank a glass of milk.
- c. He brushed his teeth.
- d. He went to school. / He went to school on foot. / He walked to school.
- e. He studied mathematics, English, and history.
- f. He played soccer/football.
- g. He did his homework.
- h. He watched television / TV.
- i. He went to bed at 10.00 p.m.

2. (trang 90 SBT Tiếng Anh 7): Write the sentences.

What did you do yesterday?

a. I played volleyball

I didn't play volleyball.

b. I went to the movies.

I didn't go to the movies.

c. I had a shower/bath.

I didn't have a shower/bath.

d. I did morning exercise.

I didn't do morning exercise.

e. I washed my hands before meals.

I didn't wash my hands before meals.

f. I changed clothes.

I didn't change clothes.

g. I ate a lot of meat.

I didn't eat much meat.

h. I brushed my teeth after meals.

I didn't brush my teeth after meals.

i. I went to bed early.

I didn't go to bed early.

3. (trang 90 SBT Tiếng Anh 7): Complete the sentences with the positive and negative forms of the verb.

a. We didn't brush our teeth before breakfast. We brushed our teeth after breakfast

b. I didn't do the washing last week. I did the washing yesterday.

c. We don't / didn't have a shower every day. We have/had a shower every 3 days.

d. They didn't return home late last night. They returned home early last night.

e. Hoa didn't live in Ha Noi last year. She lived in Hue.

f. Mr. Ha doesn't teach/didn't teach Geography. He teaches/taught English.

g. Liz didn't eat fish. She ate noodles instead.

h. My mother doesn't iron / didn't iron my clothes. I iron / ironed my clothes myself.

4. (trang 91 SBT Tiếng Anh 7): Write the questions with Did...?

- a. Did you see a film last night?
- b. Did they play table tennis after school?
- c. Did you have a big breakfast this morning?
- d. Did Hoa receive a lot of letters from her pen pal?
- e. Did you change clothes every 3 days?
- f. Did they speak to Liz yesterday?

5. (trang 91 SBT Tiếng Anh 7): Complete the sentences below, using the correct brackets.

a. toothache	b. appointment	c. nervous	d. painful	e. helpful
f. carefully	g. scary	h. worrying	i. healthy	j. pleased

B. A bad toothache (Bài 1-9 trang 92-97 SBT Tiếng Anh 7)

1. (trang 92 SBT Tiếng Anh 7): Complete the sentences with the simple present or simple past tense of the verbs.

a. brushes	b. forgot	c. filled	d. wash and iron
e. am - is	f. wash	g. cleaned and tidied	h. didn't have

2. (trang 92 SBT Tiếng Anh 7): Write the questions with Wh-words and the answers.

- a. What did Minh have yesterday?

Minh had another very bad tooth yesterday.

- b. Who did Minh see this coming?

Minh / He saw Dr. Lai this morning.

- c. When did Hoa visit the dentist?

Hoa / She visited the dentist this morning.

- d. Where did the students have their health checked up?

The students / They had their health checked up at the school.

e. How many times a day did you brush your teeth last year?

I brushed my teeth once a day.

f. How did Minh feel after the dentist fixed his tooth?

Minh / He felt a lot better.

3. (trang 93 SBT Tiếng Anh 7): Match the lines in A with the lines in B. Then write full sentences by using because. The first one is done for you.

a. I am very hungry because I didn't eat enough this morning.

b. He has strong white teeth because he brushes them three times a day.

c. We wash our hands before meals because we want to have a healthy living.

d. Hoa is not afraid of the dentist because she is very kind and skillful.

e. Nam looks unhappy because he is having a toothache.

4. (trang 93-94 SBT Tiếng Anh 7): Write the questions and answers with Why ...? and Because ...

a. Why does Minh have a toothache?

Because he ate a lot of candies.

b. Why is she worried?

Because she is going to see a dentist.

or Why was she worried? Because she saw a dentist.

c. Why was/is he scared?

Because he heard the sound of a gun.

d. Why does he feel calm?

Because the dentist is very kind.

e. Why does he feel better?

Because the dentist fixed his tooth.

f. Why is he happy?

Because he has healthy teeth. / Because his teeth are healthy.

5. (trang 95 SBT Tiếng Anh 7): Match sentences on the left with imperative sentences on the right.

1-f	2-g	3-d	4-c	5-b
6-e	7-h	8-j	9-i	10-a

6. (trang 95 SBT Tiếng Anh 7): Make negative imperative sentences, using the verbs in the box. The first one is done for you.

- a. Don't eat too much chocolate.
- b. Don't be lazy.
- c. Don't touch the cake with your finger.
- d. Don't sit too close to the Computer screen.
- e. Don't worry about me.
- f. Don't talk in the library.
- g. Don't wait for me. I'm Coming home late tonight.
- h. Don't stay in the beach too long. You'll get sunburnt.
- i. Don't smoke. This is a non-smoking restaurant.
- j. Don't go out. It's raining cats and dogs.

7. (trang 96 SBT Tiếng Anh 7): Circle the best response.

1. a	2. b	3. b	4. c	5. c
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8. (trang 96-97 SBT Tiếng Anh 7): Fill the words in the box below in the blanks.

1. pain	2. cause	3. cavity	4. worse	5. gum disease
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9. (trang 97 SBT Tiếng Anh 7): Put the following sentences in correct order.

1 - d	2 - b	3 - a	4 - e	5 - g	6 - c	7 - f
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